

## DELIVERY POINT



Delivery area 0 to 9 inches/ 0 to 23 cms parallel to and in front of the lead foot along the line of aim. The ideal delivery is a pendulum swing (and on the way forward no noticeable pause or stopping of the delivery arm) to a follow through along the line of aim. Stay down on the shot till the bowl as gone at least 8 metres/9 yards along the green.



Releasing the bowl too early results in a heavy bounce and taking weight out of the delivery



Releasing past the delivery point results in the bowl bouncing further along the line of aim resulting in taking weight out of the delivery

Head over delivery. Eyes looking along the line of aim to an area that is comfortable for you.



Note:- Head too far up causes unbalance which in turn turns the shoulder and affects delivery (Inconsistent lines) Eyes looking too close to the delivery also causes inconsistent lines and could cause a heavy bounce.



A Long back swing, releasing the bowl at the delivery point, then following through results in a smooth delivery. The speed of the delivery is important. Faster the delivery the further the bowl will go. A slower delivery will result in the bowl covering a shorter distance



A Short back swing means it is hard to propel weight. The pendulum swing is ideal as the delivery should be fluent. (No noticeable stopping of the delivery) Any noticeable stop of the swing makes it difficult to reach, especially on heavier greens.